



Specialized Physical Therapy for the Amputee Patient

Gainesville Physical Therapy & Wellness is pleased to provide complete amputee rehabilitation services for our patients. From surgery preparation to advanced prosthetic training we offer a wide variety of services designed to meet individual goals and specific needs. We strive to assist the patient and their family adapt to the complex physical, emotional, and social issues associated with amputations. We invite you to visit our new location to learn how to restore strength and confidence and help you gain optimal function and mobility.

Physical therapy may benefit the patient during any stage of limb loss:

■ **PRE-AMPUTATION TRAINING**

Strengthening & cardiovascular exercise to promote conditioning
Endurance training to prepare for optimal recovery

■ **PRE-PROSTHETIC TRAINING**

Wound care & scar mobility to aid in healing
Skin & limb preparation for initial prosthetic fitting
Strengthening exercise to prevent excess muscle atrophy and clotting

■ **INITIAL PROSTHETIC TRAINING**

Balance drills to learn proper weight-shifting techniques
Initial gait training progressing to functional walking

■ **ADVANCED PROSTHETIC TRAINING**

Agility drills to prepare for daily obstacles
Work-specific goals for employment needs
Running & adaptive sports to promote overall physical & emotional wellness

Gainesville Physical Therapy & Wellness
"Where People Matter and Results Count"

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